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# OUTSIDE CLASS SCHEDULE

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**7 am - Side parking lot by trees**

Monday - Intervals w/Shayne

Tuesday - Circuit w/Alicia

Wednesday - Stretch and Tone w/Jody

Thursday - Circuit w/Alicia

Friday - HIIT w/Ashley

**Monday- Front parking lot**

5pm - Ti chi w/Alicia

6pm - Zumba w/Lindy

**5:30pm - Front parking lot**

Tuesday - HIIT w/Ashley

Wednesday - Total Barre w/Sue

Thursday - Cardio Strength w/Kate

**Bring a mat, small towel and WATER!!**

**Mask required while setting/cleaning up, as well as social distancing.**

*\*All classes are weather permitting\**

